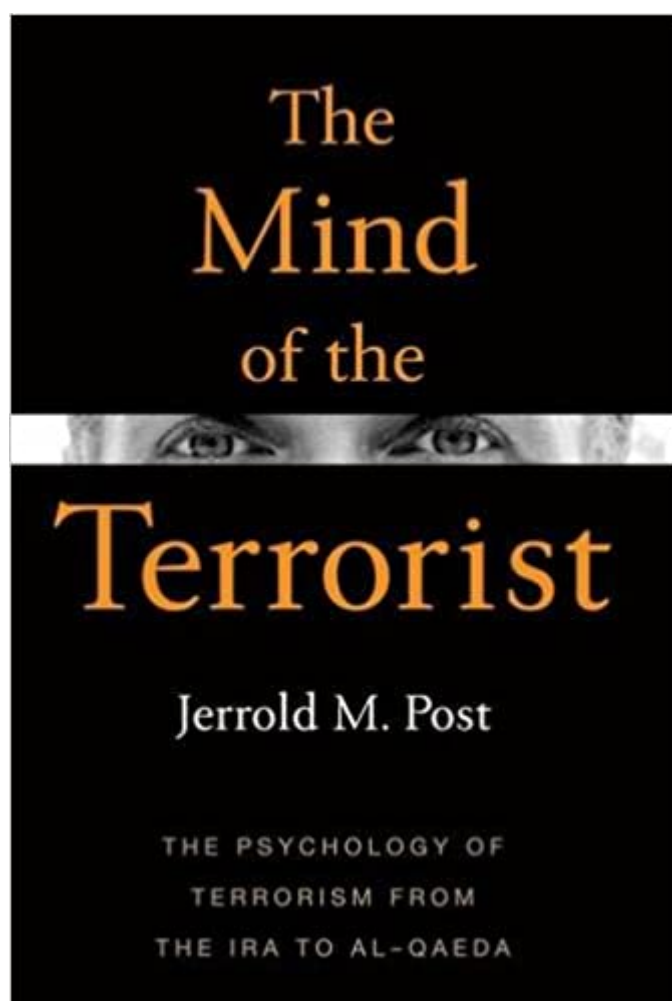


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# The Mind Of The Terrorist: The Psychology Of Terrorism From The IRA To Al-Qaeda



## Synopsis

In contrast to the widely held assumption that terrorists are crazed fanatics, Jerrold Post demonstrates they are psychologically "normal" and that "hatred has been bred in the bone". He reveals the powerful motivations that drive these ordinary people to such extraordinary evil by exploring the different types of terrorists, from national-separatists such as the Irish Republican Army to social revolutionary terrorists such as the Shining Path, as well as religious extremists like al-Qaeda and Aum Shinrikyo. In *The Mind of the Terrorist*, Post uses his expertise to explain how the terrorist mind works and how this information can help us to combat terrorism more effectively.

## Book Information

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## Customer Reviews

Those who believe there's a fundamental difference between themselves and terrorists may be alarmed by what they discover in this psycho-social investigation from Post, a professor of Political Psychology and International Affairs at George Washington University. Through comprehensive histories of people stripped of their land, identity and/or independence by governments with skewed (or self-serving) ideas of justice, Post maps the formation of terrorist mindsets-which prove neither as foreign nor as psychotic as their actions might appear. Post is objective and perceptive while identifying and exploring three types of terrorism: national-separatist, social-revolutionary and religious-extremist. Analyses of beliefs and motives-often taken from the personal statements of members and leaders-illustrate how a psychologically normal person becomes an agent of extraordinary violence. According to Post, understanding the psychology and sociology of terrorists

is vital in a true war on terrorism, which is, after all, often rooted in conflicting ideologies. Concluding with a plausible strategy for waging such a war, Post adds critical knowledge to the ongoing debate over how best to deal with terrorism. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

“This is an exceptionally well-written book that makes a significant contribution to the field of counter-terrorism.” Terrorism and Political Violence “Jerrod Post’s compelling *Mind of the Terrorist* is a comprehensive and informative account of the psychology of terrorists and how their history has shaped their motivations.” Peter Bergen, author of *Holy War, Inc.* and *The Osama bin Laden I Know* “Terrorism is a form of psychological warfare, requiring a psychologically sophisticated response based on an understanding of how terrorists think. Jerry Post provides us a road map-not only of the mind of the terrorist-but also how we can use that understanding to dissuade, deter, and destroy terrorist groups. The strategy Post develops is based on decades of studying violent individuals, including interviews of terrorists, some of which he describes in detail in these pages. Post is a teacher of terrorism teachers-and his latest offering is a gift to all who wish to understand the myriad psychological roots of terrorism.” Jessica Stern, author of *Terror in the Name of God* and Academic Director of the Program on Terrorism and the Law at Harvard Law School “Dr. Jerrod Post is a pioneer in the study of terrorist psychology. In this capstone book, he takes us into the minds of the terrorists through their own words, persuasively demonstrating how disturbingly normal they are in their own cultural and historical contexts. He makes a powerful case that to deter terrorists we must understand their psychology, and lays out a comprehensive strategy for countering their vicious forms of psychological warfare. Only by countering them at the level of their destructive mindsets can we more effectively compete in the ‘war for hearts and minds.’” Richard H. Solomon, President, U.S. Institute of Peace “Dr. Post has brought to the reader an extraordinary illumination of the terrorist mind. One comes away accepting the key premise - we are dealing with ‘sane madmen.’ His exposition of al-Qaeda, its leadership and its structure, are brilliant. The book is a powerhouse.” Ambassador Sheldon J. Krys, former Assistant Secretary of State for Diplomatic Security

Jerrod Post’s “*The Mind of the Terrorist*” provided an illuminating look into the mind of the leaders of several terrorist organizations...several of which including Shining Path, The Red Brigades, and The Red Army Faction I was previously unaware of. Although no terrorist can be perfectly painted into a

box, Post is able to create some common themes : Most terrorists had experienced some sort of severe shaping childhood loss, many of them have grown up in minority groups within states that are treated unjustly by the ruling majority group such as the LTTE and The IRA. This perceived injustice provides a fertile ground for recruitment among the native marginalized populations. Many groups have risen up 1. as a rejection of their parents generation, 2. As a social revolutionary organization to dethrone the Western Capitalist order of things, 3. To address generations of injustice or 4. Because God or some other religious doctrine has told them to kill x group for y reason. The typical terrorist leader also has a sizeable ego and may rely on charismatic factors or propaganda or sheer brute force to gain recruits to the cause. The second part of the book switches from the leaders of terrorist organizations to those who join terrorist organizations. Paying particular attention to Islamist terrorists, Post draws a picture of a world full of weak governments with little hope for employment or a future for their young populations. In this environment with unchecked avenues for the dissemination of Islamic radical propaganda, terrorists have a ready supply of young people who easily fall prey to these religious ideas of hatred for another because they don't have anything else to believe in. Post gives a stirring picture of both several terrorist leaders and the profile of the type of people they seek to recruit to their cause in an accessible 257 page format.

if you are looking for a book that will alarm you and justify you own prejudices against certain groups of terrorists, this book is not for you. if you are genuinely seeking an objective analysis of the cognitions and emotions of terrorists, then this is a very good summary analysis of different types of terrorism based on motivation. the writing style is somewhat dry, most of the time. however, he offers very good, cogent insights. he makes sincere efforts to reach out and better comprehend the underlying psyche of the terrorist, so that inroads might be made in reducing the threat of terrorism in the world today. prone to pontificate, i wouldn't recommend this book for those with a closed mind or those not used to this style. for those who want to read one of the very finest texts on psychological understanding of terrorism, this is highly recommended. i give it an "A+". for interested readers, post's book on clinton and hussein is also revealing and fascinating - although dry.

Good information but obviously ignored by our planners. There isn't a soap box big enough to convince the American people to listen to this. Nice to know but makes very little difference since it will be ignored.

Delivered in timely manner and in good quality.

The content of this book is spot-on for my academic research. It reveals the social context of these struggles and gives an inside perspective of what drives these extremes.

Post writes an incredibly informative book here, giving the reader a unique insight into what makes terrorists do what they do. This is a must read for all those interested in counter-terrorism.

timely topic

This book is woefully mistitled: it is not at all an exploration of the "mind of the terrorist," but rather contains much more information about the histories and organizational structures of various terrorist groups. Even this information is provided in a loose, high-school book report style and does not contain significantly more than what can be found in an internet search. The most valuable part of the book ought to have been the supposedly extensive interviews conducted by Mr. Post with the members of the terrorist organizations themselves, but these are only sparsely dispersed throughout the book and almost always insignificant or unhelpful. To give an example, in Mr. Post's profile of the Liberation Tigers of Tamil Eelam considerable space is devoted to the life of its charismatic leader Vellupillai Prabhakaran. However, this contains only a basic description of his childhood, personality, and rise to power. The rest of the section briefly describes some of the acts the LTTE has perpetrated under his leadership as well as its gradual acceptance of suicide terrorism. What particularly stands out is how little we are actually invited into the minds of any of the members or leaders of this organization. There is not a single excerpt from an interview conducted by Post or by anyone else that runs to any considerable length or that serves to illuminate the life or the experience of the terrorist themselves. In other words, there seems to be very little about the minds of terrorists in this book that is for some reason entitled *The Mind of the Terrorist*. In addition to this, there are numerous spelling and punctuation errors which contribute even further to the book's overall impression of superficial haste. To charge \$22 for such a poor piece of scholarship is a crime.

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